

WRC Weir

GMC No: 1328909

My shortened CV:

I am a Consultant Physician, currently in private practice at 10 Harley Street, London W1G 9PF. My substantive NHS post was as Consultant Physician at the Royal Free Hospital, London NW3, having held this position since September 1987. My main specialty was infectious and tropical disease. I was also an examiner for the Royal College of Physicians for the Diploma of Tropical Medicine and Hygiene during the years 1987 to 2000. During this time I established a major interest in ME/CFS. My interest in this condition included the running of a clinic at the Royal Free dedicated to the care and management of patients as well as providing the basis for a number of academic studies which subsequently appeared in the peer-reviewed medical literature. I was also a member of the Chief Medical Officer's (of England and Wales) Working Group whose report on ME/CFS was published in January 2002. Since retirement I remain actively involved, both clinically and academically in ME/CFS and a substantial proportion of my present practice comprises patients with this condition. I am also a current member of the NICE Guideline Development Group for ME/CFS. I was elected a Fellow of the Royal College of Physicians of London in 1993 and of Edinburgh in 1998.

WRCW

CURRICULUM VITAE

William Roderic Cameron WEIR

Nationality : British

Date of Birth : 15 October 1948

Work Address ; 10 Harley St
London W1G 9PF

E-mail address wrcweir@hotmail.com

United Kingdom GMC Registration No : 1328909

Medical Defence Union Membership No : 1030181

Qualifications : MB ChB (Dundee) 1972
MRCP (UK) 1975
FRCP (London) 1993
FRCP (Edin) 1997

Accreditations : (from Royal College of Physicians)

General Internal Medicine

Communicable Diseases

Tropical Medicine

Revalidated by GMC: April 2024

PREVIOUS EMPLOYMENT

PRE-REGISTRATION POSTS :

August 1972 – January 1973 House Physician, Medical Professorial Unit,
Dundee Royal Infirmary (DRI).

February 1973 – July 1973 House Surgeon to Prof. I S Smillie, DRI.

POST-REGISTRATION POSTS :

August 1973 – January 1974: SHO Cardiology and Coronary Care, DRI

(Prof K G Lowe)

February 1974 – July 1974: SHO General Medicine and Endocrinology,
Ninewells Hospital, Dundee.

(Prof J Crooks and Dr R M Harden)

August 1974 – December 1974: SHO General Medicine, Stracathro Hospital,
Brechin, Angus. (Dr J A Tulloch)

January 1975 – June 1975 : SHO Neurology – 3 mths (Dr P B Croft)
SHO Chest Medicine – 3 mths

(Dr P D B Davies)

Whittington Hospital, London

July 1975 – October 1976 : Registrar in General Medicine/Nephrology,
Hillingdon Hospital, Uxbridge, Middlesex
(Dr L H Sevitt, Dr A H James)

December 1976 – July 1978: Registrar and Senior Registrar in General
Medicine, Ahmadu Bello University (ABU)
Teaching Hospitals, Nigeria
(Prof E H O Parry, Prof P A J Ball)

September 1978 – August 1980: Senior Registrar Infectious Diseases,
Northwick Park Hospital, Harrow, Middlesex
(Dr Hillas Smith)

September 1980 – December 1980 : Locum Consultant Physician

St Mary's Hospital, Portsmouth

January 1981 – May 1985: Senior Medical Registrar rotation :

1) Royal Northern Hospital

2) Royal Free Hospital (RFH)

3) Coppetts Wood Hospital (CWH)

4) Hospital for Tropical Diseases (HTD)

May 1985 – September 1987: Senior Lecturer, London School of

Hygiene and Tropical Medicine (LSHTM)

August 1986 – November 1986: Seconded from LSHTM to Medical School of

University of Zimbabwe

Sept 1987 – December 2000: Consultant Physician, RFH

Honorary Senior Lecturer in Infectious

Diseases, Royal Free Hospital School of

Medicine

Honorary Senior Lecturer in Clinical Tropical Medicine, LSHTM

Dec 2000 – Dec 2001 : Personal Physician to HH Sheikh Zayed, Ruler
of the United Arab Emirates.

Jan 2002 – March 2003 Consultant Physician, Gulf Diagnostic Centre,

Abu Dhabi

Current Positions: Private practice in London,
Based at 10 Harley St London W1G 9PF

Consultant (Agency) Locums: 2003 – date.

PROFESSIONAL ACTIVITIES

Clinical Duties:

Whilst at The Royal Free Hospital, I supervised a Specialist Training Registrar (SpR) and two Senior House Officers in the care of patients with community acquired infections and general medical conditions admitted to the ward. I also ran three outpatient clinics a week in conjunction with the SpR. The on-call rota was one-in-three, sharing second on call with my consultant colleagues and the SpR. This included providing cover for the supra-regional Medium and High Security units for Viral Haemorrhagic Fevers situated at The Royal Free Hospital. In addition to this I participated in an active consultation service throughout the hospital for infection related problems. I also ran an outpatient service for patients with ME/CFS, a subject in which I have a major interest. From December 2000 onwards (as part of sabbatical period) I took up a position as Personal Physician to His Highness Sheik Zayed, Ruler of the United Arab Emirates. In this post I provided expertise in the management of infection related problems in this gentleman. I was also seconded to the Central and Jazira hospitals in Abu Dhabi where I participated in the ID consult Service in addition to active involvement in the postgraduate programme of both of these hospitals.

Teaching Activities:

Royal Free Hospital medical students attended on a regular basis for teaching of the principles of Infectious Diseases. In addition, postgraduates and undergraduates from other parts of the world, including Germany, Australia, New Zealand and Slovenia attended for elective periods. I also gave regular lectures at the London School of Hygiene and Tropical Medicine, and regular teaching sessions at the Hospital for Tropical Diseases on the MSc and DTM+H (Diploma of Tropical Medicine and Hygiene) courses.

Research Activities:

My major current interest remains Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS), previously known as Chronic Fatigue Syndrome. I have previously collaborated with the Department of Human Sciences at Brunel University in a number of ongoing studies of this condition. Long-term follow-up was an integral part of this work; the Wellcome Trust contributing a grant of £89,000 for work which covered the period 1991-1994, part of which funded the attachment of a PhD student from Brunel. A further grant of £7000 from the Linbury Trust funded a study of the variability of symptoms in ME/CFS, again in collaboration with Brunel (see publications).

OTHER REGULAR PROFESSIONAL COMMITMENTS (past and present)

- 1) Chairman of the Royal College of Physicians DTM+H Examination Committee appointed 1999. (DTM+H = Diploma of Tropical Medicine and Hygiene).
- 2) Member of Specialist Advisory Committee in Communicable Diseases, Royal College of Physicians (tenure 1989-92)
- 3) Elected member of the College Specialty Committee for Communicable and Tropical Diseases, Royal College of Physicians (tenure 1984 – 87)
- 4) Assistant Editor, Journal of Infection (tenure 1988 – 1996)
- 5) Member of Department of Health/Westcare Taskforce on Chronic Fatigue Syndromes (1993-2002)
- 5) Book Reviews for Lancet, Journal of Infection, Transactions of Royal Society of Tropical Medicine and Hygiene.
- 6) Honorary Secretary (Clinical), Royal Society of Tropical Medicine and Hygiene (RSTM+H) (tenure 1994 – 1998). This post carried with it a number of Ex Officio administrative responsibilities including the following :

a) Chairman of Robert Cochrane Fund Committee (of RSTM+H) (Main purpose : allocation of Travel Bursaries for workers in the field of Leprosy)

b) Membership of Undergraduate Project and Medical Student Elective Prize Committee (of RSTM+H)

c) Membership of RSTM+H Council

d) Membership of RSTM+H Executive Committee

7) Member of Specialist Training Committee (Infectious Diseases) Thames Postgraduate Medical and Dental Education; special remit for part-time trainees.

8) Membership of Chief Medical Officer's Working Group on ME/CFS, 1997-02

Invited Lectures

Post Viral Fatigue Syndrome: Is it an Infection?

British Society for the Study of Infection, Annual Meeting November 1993

Exotic Infections and the Traveller. As part of Symposium on Imported Infections held at Royal College of Physicians, June 1994 (see Publications)

Viral Haemorrhagic Fevers : the Contemporary Scene. Given at Royal College of Pathologists' Symposium on Antiviral Chemotherapy, June 1996

Mankind versus Malaria: an historic conflict. Given at St Andrews University, November 14th 1997.

CONTRIBUTIONS TO THE ROYAL FREE HOSPITAL

The Postgraduate Centre:

Soon after my appointment in 1987 I obtained funding from the Special Trustees of the Royal Free Hospital to convert an unused building at the infection unit into a Postgraduate Centre. This could accommodate an audience of fifty and it became a very active and well-attended venue with regular postgraduate meetings (the "Infection Club") for general practitioners, hospital doctors and community physicians. In addition the Clinical Infection Society and the North East Thames Regional Physicians Club held successful and well-attended meetings there.

SPORTS AND HOBBIES

Sports: Squash, Tennis, Skiing and Rugby Football. I am now happier to watch rugby matches rather than play. I was a member of the Medical Panel of Saracens Rugby Football Club.

Hobbies: Classical music

Theatre

Hill walking

Photography

PUBLICATIONS

Peer Reviewed Journal Articles

Ford PM, Weir WRC, Manugian AAH

Acute renal failure complicating McArdle's Syndrome

Postgraduate Medical Journal 1973; 49:926-928

MacFarlane JT, Anjorin FI, Cleland PG, Hassan-King M,

Tor-Agbidye S, Wali SS, Weir WRC, Whittle HC, Yahaya HN, Greenwood BM

Single injection treatment of meningococcal meningitis.

1) Long-acting penicillin.

Transactions of the Royal Society of Tropical Medicine and Hygiene 1979;73:693-697.

Wali SS, MacFarlane JT, Weir WRC, Cleland PG, Ball PAJ, Hassan-King M,

Whittle HC, Greenwood BM

Single injection treatment of meningococcal meningitis.

2) Long-acting chloramphenicol.

Transactions of the Royal Society of Tropical Medicine and Hygiene 1979;73:698-702.

Weir WRC, Keat AC, Welsby PD, Brear G. Reactive arthritis associated with
Campylobacter infection of the bowel.

Journal of Infection 1979;1:281-284.

Lawande RV, MacFarlane JT, Weir WRC, Awunor-Renner C.

A case of Primary Amebic Meningoencephalitis in a Nigerian farmer.

American Journal of Tropical Medicine and Hygiene 1980;29:21-25.

Smith GN, Weir WRC

Cold agglutinins accompanying Mycoplasma pneumoniae infection.

British Medical Journal 1980;281;1391-1392.

Weir WRC, Mellor JA, Hillas Smith, Tyrrell DAJ.

Significance of hepatic enzyme levels at discharge in acute viral hepatitis.

Journal of Infection 1981;3:309-315.

Weir WRC, Muraleedharan MV.

Tuberculosis arising at the site of physical injury : eight case histories.

Journal of Infection 1983;7:63-66.

Weir WRC, Bannister B, Chambers S, De Cock K, Mistry H.

Chronic Q fever associated with granulomatous hepatitis.

Journal of Infection 1984;8:56-60.

Weir WRC, Hodges JM, Wright JFC, Higgins AF, Corringham RET.

Atypical falciparum malaria : case report. (Lesson of the Week).

British Medical Journal 1984;289:178.

Browning GGP, Weir WRC

Intestinal perforation associated with Yersinia enterocolitica infection.

British Medical Journal 1985;290:1872.

Weir WRC, Bouchet VA, Mitford EM, Taylor R, Hillas Smith.

Kawasaki Disease in a European adult associated with a serological response to Coxiella burneti. Lancet 1985;2:504

Mier A and Weir WRC.

Ascites in Systemic Lupus Erythematosus.

Annals of the Rheumatic Diseases 1985;44:778-9.

Ferris BD, Goldie B and Weir WRC.

An unusual Presentation of Tuberculosis – “Injury TB”.

Injury 1987;18:347-49.

Gunapala DE, Facer CA, Davidson R and Weir WRC.

In vitro analysis of Epstein-Barr virus/host balance in patients with acute Plasmodium falciparum malaria. Parasitol. Res. 1990;76:531-535.

Ball S, Scoble JE and Weir WRC.

Atypical presentation of cerebral lymphoma with the result of a bromide partition test suggesting tuberculous meningitis.

J Infect 1990;20(1):91.

McKelvey SD, Braidley PC, Stansby GP, Weir WRC.

Spontaneous splenic rupture associated with murine typhus.

J Infect 1991;22(3):296-7.

Jacobs MG, Brook MG, Weir WRC, Bannister B A .

Dengue Haemorrhagic Fever : a risk of returning home.

Br Med J. 1991;302:828-9.

Ray C, Weir WRC, Cullen S, Phillips S.

Illness Perception and Symptom Components in Chronic Fatigue Syndrome.

J Psychosomatic Res 1992;36:243-56.

Ray C, Weir WRC, Phillips S and Cullen S

Development of A Measure of Symptoms in Chronic Fatigue Syndrome : the Profile of Fatigue-Related Symptoms (PFRS).

Psychology and health 1992;7:27-43.

Ray C, Weir WRC, Stewart D, Miller PL, Hyde G.

Ways of Coping with Chronic Fatigue Syndrome : Development of an Illness Management Questionnaire.

Soc Sci Med 1993;37(3):385-91.

Ray C, Phillips L and Weir WRC.

Quality of Attention in Chronic Fatigue Syndrome :

Subjective reports of everyday attention and cognitive difficulty, and performance on tasks of focused attention.

British Journal of Clinical Psychology 1993;32:357-364.

Ray C, Jefferies S and Weir WRC.

Coping with Chronic Fatigue Syndrome: illness responses and their relationship to fatigue, functional impairment and emotional status. Psychological Medicine 1995; 25:937-945.

Ray C, Jefferies S and Weir WRC.

Coping and Other Predictors of Outcome in Chronic Fatigue Syndrome : A 1 Year Follow-Up. Journal of Psychosomatic Research 1997; 43(4): 405-415.

Hassan IS, Bannister BA, Akbar A Weir WRC, Bofill M.

A Study of the Chronic Fatigue Syndrome : Correlation of Immunologic Parameters to Health Dysfunction. Clinical Immunology and Immunopath 1998; 87(1):60-67.

Ray C, Jefferies S and Weir WRC.

Life events and the course of Chronic Fatigue Syndrome.

British Journal of Medical Psychology 1995;68:323-331.

Ray C, Jefferies S, Weir WRC, Hayes K, Simon S, Akingbade F and Marriott P.

Making Sense of Chronic Fatigue Syndrome : Patients' Accounts of Onset.

Psychology and Health 1998;13:99-109.

Invited Reviews and Editorials

Weir WRC. Rabies. Review article. Medical Forum.

Medical Education Services 1982;3:12-13

Weir WRC. Diarrhoea: causes and management.

Geriatrics for GPs. MacLean Hunter Ltd. September 1984: 42-46

Weir WRC. Campylobacter Infection.

Current Opinion in Gastroenterology.

Gower Medical Publishing 1985;1:130-135

Weir WRC. Yersinia infection.

Current Opinion in Gastroenterology.

Gower Medical Publishing 1985;1:135-137

Weir WRC. Campylobacter Infection.

Current Opinion in Gastroenterology.

Gower Medical Publishing 1986;2:105-106

Weir WRC. Yersinia Infection

Current Opinion in Gastroenterology

Gower Medical Publishing 1986;2:107-108

Weir WRC. The Management of the Febrile Patient from the Tropics.

Travel Medicine International 1990 pp 68-71

Weir WRC. Editorial : Hantavirus Disease.

Lancet 1990;336:407-408

Weir WRC. Post Viral Fatigue Syndrome - the archetypal mind body disorder.

Biologist 1990; 37 (5): 165-166

Weir WRC... Editorial : Post Viral Fatigue Syndrome.

In : Current Medical Literature (Infectious Diseases)

The Royal Society of Medicine 1991;6(1):3-8

Sissolak D and Weir WRC. Editorial : Tropical pyomyositis

J Infect 1994;29:121-127

Bovill BA and Weir WRC. Staphylococcal Infections.

Br J Hosp Med 1994;51:589-593

Invited Reviews and Editorials (cont.)

Bovill B and Weir WRC Malaria: advances, diagnosis and management.

Hospital Update 1995;21(3):109-116

Reed Healthcare Publishing, London

Taheri S, Crump J, Samarasinghe D and Weir WRC

Clinical Case Reports: TB or not TB ?

Trans Roy Soc Trop Med Hyg 1997;91:241-244

Letters

Emond RTD, Weir WRC, Bowen ETW, Lloyd G, Southee T

Managing Lassa Fever (Letter). Lancet 1984;2:926

Brook G, Karet F, Lewis DA, Uriel AJ, Weir WRC

Interpretation of blood films in diagnosis of malaria

Lancet 1989;2:619

Brook MG, Weir WRC, Bannister BA

Cerebral Malaria. Lancet 1991;337:115

Brook MG, Bannister BA and Weir WRC

Interferon alpha Therapy for patients with Chronic Fatigue Syndrome

J Infect Dis 1993;168:791-2

Book Chapters

Weir WRC. The Presentation, Assessment, Investigation and Diagnosis of Patients with Post Viral Fatigue Syndrome in an Infectious Disease Clinic.

In: Post Viral Fatigue Syndrome. Eds. Mowbray JF, Jenkins R

1st Edition. John Wiley & Sons Ltd. Chichester 1991.

Weir WRC. Exotic Infections and the Traveller

In : Travel Associated Disease.

Ed: Cook GC, Royal College of Physicians of London 1995.

Weir WRC. Infectious Diseases (Chapter)

In : Essential Revision Notes for MRCP

Ed: Kalra PA, Pastest Publications 1999